



We play Sharbade three weeks a semester and on special occasions. The kids would play Sharbade every day if we let them.

Dan H., Huntington North H.S.



SHARBADE®

SHoulder ARM BACK DEvelopment



Sharbade is a fun and dynamic scooter sport that develops upper body strength and fitness in a fast-paced, team-oriented environment. Sharbade is ideal for:

- P.E. and Intramural Programs
- Military Fitness and Rehabilitation
- Physical Therapy
- Adult and Youth Fitness
- Recreational Leagues

We did a Sharbade demonstration on Friday. It was so much fun and the Soldier with limited use of his legs was our best player!

Jennifer S., US Army, Ft. Sill, Oklahoma



PLAYING SHARBADE

Sharbade is played with two teams of seven players each. Players "swim" around the playing surface while laying prone on Sharbade scooters. The Sharbade scooter offers a full range of motion, allowing players to quickly and dynamically change direction. The object of the game is to score points by throwing or hitting the game ball into a goal while at the same time preventing the opponent from scoring.



Sharbade has improved the upper-body strength and coordination of our students. Sharbade made them into better athletes.

Jeremy M., Receivers Coach, Manchester College

THE EQUIPMENT

Scooters: Sharbade scooters are specifically designed to prevent tipping, provide maximum balance, and cradle players in place as they use their hands to move about the playing floor. Made from highly durable resin, the scooters are available in red and blue. The polyurethane wheels are mounted on swivel casters to allow optimum maneuverability at high speeds. Simply by adding the available connector and straps, two standard scooters can be joined to support the legs of a disabled player.

Ball: The Sharbade ball is made of a foam core with a rugged, tear-resistant coating. The ball is easy to grip and throw and has a very low bounce, allowing for ease of control and great playability when compared with available substitutes.

Goals: Two specialized goals are needed to play Sharbade. Our goals are deeper than a soccer goal, allowing the goalie to be positioned inside the net. Goals come in red or blue powder coated steel with white vinyl-coated nylon nets. Sharbade goals are designed to be both durable and easy and quick to assemble.



Our scooters, goals, nets and balls are made in the U.S.A.!

AT A GLANCE

- Allows disabled and able-bodied individuals to play a sport together, building self-confidence and group cohesion.
- Provides cross-over benefits to other sports that require upper-body strength, such as football, basketball, swimming, wrestling, track, gymnastics, and volleyball.
- Worthwhile both as in-season cross-training or for off-season workouts.
- Can be used in conjunction with weight-lifting or strength improvement programs to maintain or improve flexibility.
- Low impact: strengthens muscles, joints, ligaments, and tendons without excessive strain.



It's not modified – I'm in the same game. I got out of my wheelchair, onto a scooter, adjusted my legs, and started playing.

Jeff B., Paraplegic Athlete

CONTACT US

For additional details about the game or pricing information, please email info@sharbade.com or call (317) 253-2756. Sharbade equipment is available for direct purchase from Mulry Manufacturing, LLC, the sole manufacturer of all SHARBADE® equipment. We look forward to sharing this exciting sport with you.

play SHARBADE®

(317) 253-2756

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